

Grote Prijs MZK 2026: Session: 1: Startlist per athlete for TEAM: ZB

Coachinfo: Warming up from: 17:30 untill 18:15. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

Coaches: Lefever Elisa

Coaches: Tieghem Kristof

PB => Personal Best time

Athlete: CASTELEYN YANA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	1	3	00:32.11	00:31.87	18:34 01:08
100M MEDLEY WOMEN 11+	5	7	7	01:16.55	no time	19:42

Athlete: DEBRUYNE HELENA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	3	8	00:41.23	no time	18:37 00:54
100M MEDLEY WOMEN 11+	5	2	3	01:41.79	no time	19:31

Athlete: DECAESTECKER OONA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	2	3	00:41.15	00:34.38	18:36 01:00
100M MEDLEY WOMEN 11+	5	4	2	01:28.28	no time	19:36

Athlete: DECEUNINCK EMMA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	2	5	00:34.55	00:32.20	18:36 01:02
100M MEDLEY WOMEN 11+	5	5	4	01:23.24	no time	19:38

Athlete: DEJONCKHEERE FLOOR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	4	5	00:34.01	00:35.30	18:38 01:00
100M MEDLEY WOMEN 11+	5	5	7	01:24.88	no time	19:38

Athlete: DEMAREST JAYDA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	2	2	00:41.51	00:38.34	18:36 00:58
100M MEDLEY WOMEN 11+	5	3	6	01:34.45	no time	19:34

Athlete: DEMUYNCK MARGOT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	7	2	00:30.06	00:30.86	18:41 01:03
100M MEDLEY WOMEN 11+	5	8	1	01:12.60	no time	19:44

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Athlete: DEVRIESE SKY

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	7	4	00:26.82	00:27.22	18:56 01:05
100M MEDLEY MEN 11+	6	8	6	01:10.36	no time	20:01

Athlete: EECKHOUT FLEUR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	8	3	00:27.83	00:28.39	18:42 01:02
100M MEDLEY WOMEN 11+	5	8	4	01:08.41	no time	19:44

Athlete: EECKHOUT SIEBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	9	7	00:25.74	00:25.74	18:58 01:04
100M MEDLEY MEN 11+	6	9	6	01:03.50	no time	20:02

Athlete: GHEKIERE JUNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	1	4	00:34.43	00:33.31	18:34 01:08
100M MEDLEY WOMEN 11+	5	7	2	01:15.98	no time	19:42

Athlete: MIGOM LOBKE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	8	5	00:27.94	00:28.55	18:42 01:02
100M MEDLEY WOMEN 11+	5	8	3	01:08.62	no time	19:44

Athlete: MOERMAN JASPER

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	2	4	00:38.05	00:33.86	18:50 01:07
100M MEDLEY MEN 11+	6	6	7	01:24.27	no time	19:57

Athlete: NOTREDAME INE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	7	6	00:29.56	00:29.88	18:41 01:01
100M MEDLEY WOMEN 11+	5	7	4	01:13.91	no time	19:42

Athlete: SALOMEZ HAAKON

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	1	5	00:27.02	00:27.74	18:49 01:13
100M MEDLEY MEN 11+	6	9	8	01:04.74	no time	20:02

Athlete: SEGAERT FONS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	3	5	00:38.00	no time	18:51

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100M MEDLEY MEN 11+	6	1	6	no time	no time	19:46
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Athlete: SEYS ORPHEE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	2	6	00:41.71	00:36.49	18:36 01:02
100M MEDLEY WOMEN 11+	5	5	1	01:24.91	no time	19:38

Athlete: TAMPERE EDEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	2	7	no time	no time	18:50 00:58
100M MEDLEY MEN 11+	6	2	4	no time	no time	19:48

Athlete: THYVELEN LISE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	6	3	00:30.87	00:30.95	18:40 01:02
100M MEDLEY WOMEN 11+	5	7	6	01:13.90	no time	19:42

Athlete: THYVELEN RUNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	5	8	00:35.03	00:33.70	18:54 01:03
100M MEDLEY MEN 11+	6	6	1	01:24.31	no time	19:57

Athlete: TOMMISSEN SIMONAH

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 11+	2	5	7	00:33.51	00:32.73	18:39 01:03
100M MEDLEY WOMEN 11+	5	7	8	01:19.32	no time	19:42

Athlete: T'JONCK MATHIJS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	3	1	00:39.83	00:39.07	18:51 01:00
100M MEDLEY MEN 11+	6	3	6	01:44.92	no time	19:51

Athlete: VAN BRABANT BENJAMIN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	8	8	00:28.54	00:29.43	18:57 01:04
100M MEDLEY MEN 11+	6	8	7	01:11.70	no time	20:01

Athlete: VANHAECKE HANNAH

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MIXED 10-9	1	3	6	00:41.21	no time	18:33

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50M BREASTSTROKE MIXED 10-9	3	3	8	00:56.22	no time	18:47
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Athlete: VANHAECKE LOWIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE MEN 11+	4	6	6	00:31.76	00:32.01	18:55 01:04
100M MEDLEY MEN 11+	6	7	3	01:17.48	no time	19:59